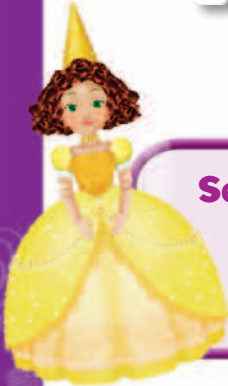




Party Planning Tips

Here are a few tips on how to plan your very own Princess Party!



Set the Date & Time

Proper planning for your Royal Gala will make it a wonderful success.

Prepare Delicious Food

It'll be a magical event with proper treats and delicious delights for your guests to enjoy.



Invite Your Guests

Send your invitations: Proclaiming a Royal Event!

Be sure to include all the important details that your guests will need to know: Date, time and what to wear.

Set a Royal Table

Arrange place settings fit for a Princess! Colorful tablecloths and napkins make your table pretty. Be sure to have proper settings for all your party guests.



Decorate for a Festive Event

Create the perfect look for your Princess Party with flowers, balloons, streamers and confetti. Choose royal colors of purple & pink.

Games & Activities

Entertain your guests with fun activities - Flipper Slipper Relays / Crown Toss / Enchanted Jewel Hunt. Try these fun activities provided or create your own ideas.



With these helpful tips, you're sure to be crowned the Princess of the Ball!

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Set The Table

Tea Table Decorations

Find a color theme and be sure to include that color when selecting your tablecloth, napkins and tea settings.

Use lace doilies & fresh flowers to create a centerpiece.

Be sure to include place cards for proper seating of your guests.



Wardrobe

What to wear

- BEST PRINCESS PARTY DRESS
- WHITE GLOVES
- A PRETTY PURSE
- BEAUTIFUL JEWELRY
- PRINCESS SHOES

after all, there may be a prince nearby
Tuxedo Jackets are perfect for any Princes that might be attending.

Princess Games & Activities

Slipper Relays

Fill a box with several pairs of shoes – all styles and sizes.

Two teams, each member must find the proper pair, put the shoes on and properly walk the red carpet and join their team members on the other end of the red carpet.

Princess Poise Relay

Mark two points 10-15 feet apart.

Have your princesses line up in two groups.

Place a book on the head of the first princess in each row.

See which row of princesses can walk fastest to the line and back with the book properly poised on their head.

Enchanted Jewel Hunt

Place a number of treasures and trinkets around the tea room or in the yard for your guests to 'hunt' for.

Give each of your guests a purse or treasure box to hold all of their precious jewels in.

Dress The Princess

Fill a big box with a variety of princess clothing.

Have teams try to properly dress an adult princess within 2 minutes.

Create A Crown

Have an adult help you and your guests decorate and create their very own crowns. Provide a selection of glitter, jewels, markers, crayons to decorate with.

Crowning Ceremony

At the end of your games and activities, hold a crowning ceremony to honor your guests and their accomplishments.

A Wish Circle

Have all your guests stand in a circle, facing each other.

Each guest crosses their right arm over the left and holds hands with the person on either side of them.

The hostess of the tea starts with thinking of a special wish for the princess on their right hand side.

She sends this wish by gently squeezing the guests hand.

This continues around the circle until a wish is returned to the host princess.

The host princess thanks her guests for attending her enchanted tea party and then unwraps the wish circle by spinning to her right, raising her hands above her.

Crown Toss

From a proper distance, see if your guests can toss their crowns onto the throne.

Enjoy A Princess Movie





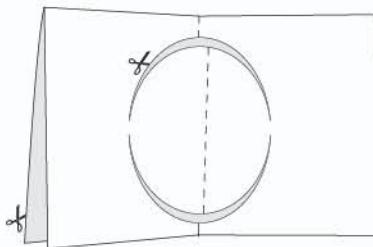
Sofia's Princess POP-OUT CARD

Create a special princess pop out card for spring!



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DIRECTIONS: Have an adult help you print and cut the card along the dashed lines. Then use a craft knife to cut along the solid outline of the pop out egg shape leaving the part that is broken uncut on either side. Fold the card along the dotted lines, horizontally and vertically. Fold the egg shape towards you to make it pop! Decorate the pop out egg with glitter, gems or glow markers!



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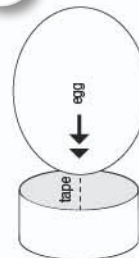


Create Sofia's egg holders for spring!

Egg Holders

DIRECTIONS:

1. Have an adult help you cut out the attached spring egg holders.
2. Wrap loosely into a circular shape, creating a ring that your spring eggs will stand in.
3. Secure each spring egg holder with tape at the indicated area.



YOU WILL NEED:

Tape | Scissors | 2 Boiled Eggs



With these beautiful spring egg holders, you're sure to be crowned the Princess of the Ball!

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Dancing like a princess is bound to be fun for kids. Denny Newell, Senior Show Director for the Disneyland Resort, also believes dance holds oodles of benefits for the girls who want to learn some ballroom moves.

Ballroom Dance

You can ballroom dance like Sofia!

“It’s wonderful cardio because it doesn’t feel like exercise when you’re having fun and pretending you’re a princess,” says Newell. “You don’t realize you’re becoming more fit and developing strength and flexibility.”

There are also social benefits for kids as they learn to dance. “You really learn to communicate and have fun with other people through dancing,” says Newell. “There’s a long history of people coming together at social occasions and dancing.”

Studying some dance steps can prepare children for dancing in the future as well. “Just having some exposure to this kind of dancing can help children feel more confident in the future when they’re at a social event like a prom or formal gathering or even someday in the future at their own wedding.”

With these three tips from Newell, parents can help their little ones learn to take to the ballroom just like a princess:



Tip 1

Encourage kids to find the rhythm in a song. “Put on their favorite piece of music and let them move around,” says Newell. “Usually they find the rhythm on their own pretty quickly.”

Tip 2

Inspire kids to use their own creativity when they’re first learning to dance. “For children this can be another wonderful way for them to pretend and use their imagination,” says Newell. “Dressing up in a princess costume can add to their wonderful fantasy.”

Tip 3

Reassure them to keep moving even if finding the perfect steps right away is a little challenging. “It doesn’t matter if the steps are exact because it’s all really about having fun,” says Newell. “Just give them tons of positive reinforcement for being out there and moving to the music.”

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Every princess in training must learn the proper steps before she attends the big ball with her Prince, so we've put together some special instructions to help you on your way.

Ballroom Dance

How to ballroom dance like Sofia!

Step 1

First you and your partner bow and curtsey to each other. You and your dance partner should face each other. The prince will bring his feet together and then brings his arm up and then into his waist. After that he bends at the waist with his arm tucked into his waist and bows to you.

You begin your curtsey to him by moving your right foot back a little. You then bend your left knee and slightly lift your beautiful princess gown with your left hand. Finally you gently bow your head. Fantastic!

Step 2

The next move is the Minuet. Stand side by side about a foot apart (your prince's right shoulder should be next to your left shoulder) and facing in the same direction. The prince should raise his right hand toward his princess and the princess should raise put her left hand in his right hand.

Now, step sideways toward your partner with the foot closest to them. Next touch the outside foot to the inside foot as you sway to the music. After this, step sideways away from your partner to your original position, leading with your outside foot. Then touch your inside foot back to your outside foot, bringing your feet together in your starting position.

After this, elegantly cross to each other's other side, standing side by side again, and take each other's hands once more and repeat these steps. You've done a beautiful minuet!

Step 3

This step is called the Promenade. The prince stands in the center, gently holding the hand of the princess up and out as the princess moves around him so she can show everyone at the ball her gorgeous gown.

Complete one full circle around your prince and you've done it! Wonderful! You've shown everyone your lovely princess gown!

Step 4

Now, stand facing your prince. Place your left hand on your prince's right shoulder. Then the prince should place his arm underneath the princess's left arm and his right hand on her left shoulder blade.

The right arm of the princess and the left arm of the prince should be outstretched to their sides and the princess should put her right hand in the left hand of the prince. Now simply sway back and forth, from side to side, in time with the music. Great!

Step 5

For this final step, start in the same position as you did for the previous dance step. This time, you will be moving in a circle together around your ballroom. Begin moving in a circle by taking one step back with your right foot as your prince takes one step forward with his left foot. Then the prince should take a small step back with his right foot and the princess should take a small step forward with her left foot.

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